



Oral Sedation (Anxiolysis) Pre-Operative Instructions:

1. Take regular medications unless specified by Physician or Dentist.
2. Do not eat or drink for 8 hours prior to the dental appointment.
3. Patient must be driven to the office by a responsible companion.
4. No smoking or drinking alcohol for 8 hours prior to the dental appointment.
5. Sedative medications must be taken according to Dentist's instructions.
6. Patient must have NO chance of pregnancy.

Oral Sedation (Anxiolysis) Post-Operative Instructions:

1. Take all regular or prescribed medications as outlined by Physician or Dentist.
2. No alcohol for 12 hours post-surgery.
3. No driving for 12 hours post-surgery.
4. Do not operate machinery for 12 hours post-surgery.
5. Must have a responsible companion escort patient home and observe recovery for at least 4 hours.

Patient Signature _____

Patient Name _____

Date _____